

Roberts McCubbin is a Kids Matter school. We follow the Kids Matter Framework as we care for the children's Mental Health and Emotional Wellbeing. Apart from weekly Kids Matter sessions being timetabled into our work programs, mental health is incorporated into our programs throughout the day.

In 3/4L we have been reading a book during Literacy sessions titled 'Have You Filled A Bucket Today?' It is a book that explains that everybody has an imaginary bucket to fill. When it is full we feel good about ourselves and we are happy, but when it is empty we aren't feeling great. We can fill each other's buckets with a smile, a friendly comment or a kind act. We made posters to display in our classroom to remind us to be 'bucket fillers' every day. Here are some of our gorgeous posters.

HAVE YOU FILLED A BUCKET TODAY?

