In J6R we have been using the Mates Traits cards when we talk about our friends in the classroom. Simple reminders on the cards remind students about the importance of friends and building friendships through love, respect, kindness, tolerance and connectedness. During circle time, students are encouraged to select a card and give it to a friend while describing how that friend displays that particular trait. For example, ‘We encourage each other... when we are playing a game in the playground’, ‘We cooperate... when we share our resources from the spelling box’.